

AromaGI

Targeted GI and Microbiome Support

OLEOBIOTIC® + STAR ANISE

15 GASTRO-RESISTANT SOFTGELS | 5-DAY PROTOCOL

AromaGI is a concentrated, precisely formulated botanical blend of five clinically researched essential oils designed to support a balanced gut microbiome and healthy digestive function.* The oils in AromaGI and their constituents specifically support gut motility, digestive comfort, normal inflammatory response, biofilm balance, and integrity of the intestinal mucosal immune barrier for holistic gut health.*



Balancing the Microbiome: Essential Oil Support vs. Probiotics

Probiotics are a repopulation strategy with limitations. Probiotic foods and supplements introduce beneficial organisms to the gut ecosystem to occupy attachment sites, excrete products that inhibit pathogenic growth, and contribute to immune modulation through microbiota-immune signaling. However, when the gut environment is out of balance, probiotics may have limited opportunity to establish and thrive.*

Essential oils function in upstream and complementary ways to probiotics. They support a healthy gut environment, promoting normal microbial balance, healthy mucosal integrity, and comfortable digestive function. Once the gut is healthy, probiotics can thrive, helping to bring balance back to the microbiome.*

Features

- **Unique five-oil proprietary blend** addresses the distinct microbiome and tissue environment of the gastrointestinal tract
- **All botanicals extracted from organically grown plant material**, manufactured to the HECT (Huile Essentielle ChimioTypée) quality standard
- **Practitioner formulated for a targeted 5-day protocol** that promotes patient compliance
- **Gastro-resistant, odorless, and tasteless** softgels ensure targeted delivery of essential oil actives to the small intestine, bypassing gastric degradation
- **Free from synthetic additives**, preservatives, artificial colors, and artificial flavors; suitable for adults and children 12 years of age and older

Benefits

- Supports the natural balance in the gut microbiome for whole-body health* [1-3]
- Supports gastrointestinal comfort and healthy digestive function, including gut motility and smooth muscle tone* [4-6]
- Discourages the formation and persistence of bacterial biofilms in the GI tract* [1,2,7]
- Supports integrity of the intestinal mucosal immune barrier, including tight junction function* [8,9]
- Helps maintain a normal inflammatory response in gastrointestinal tissues* [3,8-10]

Supplement Facts

Serving Size: 1 softgel Servings Per Container: 15

Amount Per Softgel

Proprietary Essential Oil Blend	150 mg*
Star Anise [†] (<i>Illicium verum</i>) fruit essential oil, Oregano [†] (<i>Origanum vulgare</i>) flowering tops essential oil, Cassia [†] (<i>Cinnamomum cassia</i>) bark essential oil, Lemon [†] (<i>Citrus limon</i>) peel essential oil, Caraway [†] (<i>Carum carvi</i>) seed essential oil	

*Daily Value not established.

Other ingredients: Sunflower[‡] oil, gelatin, gelling agents (sorbitol, pectin, glycerol), water, antioxidant (tocopherol-rich extract).

‡ Organic Ingredient

For adults and children 12 years of age or older. Take 1 softgel, 3 times per day with or during meals, for 5 days or as directed by your healthcare practitioner.

Cautions and Considerations Do not use if you are pregnant or nursing, unless specifically directed by a healthcare practitioner. Keep out of reach of children.

Ingredient Spotlight

Star Anise



To specifically address the gut, AromaGI features Star Anise (*Illicium verum*) as its signature ingredient. Dominated by trans-anethole, star anise essential oil brings a uniquely broad functional profile that addresses the gastrointestinal environment from multiple angles simultaneously.

Trans-anethole has been studied for its role in supporting healthy smooth muscle function, digestive comfort, and normal gastric motility.^{[4]*}

Trans-anethole has been studied for its role in supporting a balanced intestinal environment, including normal inflammatory response and healthy mucosal integrity.^{[8]*} Anethole may also support the body's normal processes for maintaining healthy intestinal barrier function^{[9]*}

Star anise essential oil has demonstrated activity against clinically relevant organisms, and anti-quorum sensing activity.^{[1]*}

Oregano (*Origanum vulgare*)

Oregano and its primary bioactive constituents carvacrol and thymol provide the formula's broadest spectrum of microbial balance activity.^{[2]*} Carvacrol may complement the activities of other microbe-balancing support products and protocols.^{[2,11]*}

Cassia (*Cinnamomum cassia*)

Cassia bark essential oil is dominated by trans-cinnamaldehyde, a phenylpropanoid with biofilm-inhibiting activity and multiple documented mechanisms of action against unwanted organisms.^{[7]*} Cinnamaldehyde's mechanisms include membrane disruption, inhibition of cell division proteins, and interference with quorum-sensing pathways.^{[12]*}

Caraway (*Carum carvi*)

Caraway seed essential oil is rich in carvone and limonene, two monoterpenes with well-characterized roles in gastrointestinal function. Carvone acts directly on intestinal smooth muscle to support GI comfort, while limonene supports normal mucosa function and a healthy stomach lining.^{[5,13]*}

Caraway essential oil has also demonstrated activities against quorum sensing and biofilm formation, supporting its role in the formula's microbiome-balancing benefits.^{[14]*}

Lemon (*Citrus limon*)

Lemon peel essential oil is an even more potent source of limonene, a well-studied monoterpene that can help balance inflammation and support normal gastrointestinal motility.^{[15]*}

The Oleobiotic® Protocol

The Oleobiotic® protocols feature encapsulated essential oil blends

formulated to support optimal conditions for microbial balance in sensitive areas of the body.

The five-day protocol is grounded in clinical evidence, and the short duration promotes patient compliance.*



The Pranarôm HECT Standard

HECT stands for *Huile Essentielle ChimioTypée*. It is Pranarôm's proprietary quality certification standard. **Every HECT oil must be 100% botanically identified**, with laboratory certification to verify the origin. HECT oils are also guaranteed to be 100% pure, complete, and unadulterated at every step from plant to patient.*

References

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