

AromaUT

Urinary Support

OLEOBIOTIC® + LEMONGRASS

15 GASTRO-RESISTANT SOFTGELS | 5-DAY PROTOCOL



Proprietary Blend of Essential Oils

The urinary tract contains its own distinct microbiome. AromaUT is a concentrated, precisely formulated botanical blend of eight clinically researched essential oils designed to promote a balanced urinary microbiome, and discourage the formation of bacterial biofilms, the sticky microbial structures associated with urinary discomfort.* The oils in AromaUT and their constituents support the healthy function of urinary tissues, comfort with urination, and help maintain the body's natural microbial defense processes.*

Features

- **Unique eight-oil proprietary blend** addresses the distinct microbiome and tissue environment of the urinary tract
- **All botanicals extracted from organically grown plant material**, manufactured to the HECT (Huile Essentielle ChimioTypée) quality standard
- **Practitioner-formulated for a targeted 5-day protocol** that promotes patient compliance
- **Gastro-resistant, odorless, and tasteless** softgels ensure targeted delivery of essential oil actives to the small intestine, bypassing gastric degradation
- **Free from synthetic additives**, preservatives, artificial colors, and artificial flavors; suitable for adults and children 12 years of age and older

Benefits

- Supports urinary tract health and comfort* [1-5]
- Promotes healthy balance in the urinary tract microbiome* [1-3]
- Discourages the formation and persistence of bacterial biofilms in urinary tissues* [2,6,7]
- Supports the body's adjuvant and synergistic microbial defense mechanisms* [8-10]
- Helps maintain healthy urinary tissue function and normal comfort with urination* [5,11-13]

Supplement Facts

Serving Size: 1 softgel Servings Per Container: 15

Amount Per Softgel

Proprietary Essential Oil Blend	150 mg*
Lemongrass [‡] (<i>Cymbopogon citratus</i>) herb essential oil, Cassia [‡] (<i>Cinnamomum cassia</i>) bark essential oil, Thyme [‡] (<i>Thymus vulgaris</i>) flowering tops essential oil, Winter Savory [‡] (<i>Satureja montana</i>) herb essential oil, Fennel [‡] (<i>Foeniculum vulgare</i>) seed essential oil, Clove [‡] (<i>Syzygium aromaticum</i>) bud essential oil, Oregano [‡] (<i>Origanum vulgare</i>) flowering tops essential oil, Lemon [‡] (<i>Citrus limon</i>) peel essential oil	

*Daily Value not established.

Other ingredients: Sunflower[‡] oil, gelatin, gelling agents (sorbitol, pectin, glycerol), water, antioxidant (tocopherol-rich extract).

‡ Organic Ingredient

For adults and children 12 years of age or older. Take 1 softgel, 3 times per day with or during meals, for 5 days or as directed by your healthcare practitioner.

Cautions and Considerations Do not use if you are pregnant or nursing, unless specifically directed by a healthcare practitioner. Keep out of reach of children.

Ingredient Spotlight

Lemongrass

To specifically address the urinary tract, AromaUT features Lemongrass (*Cymbopogon citratus*) as its signature ingredient. Rich in citral and geraniol, lemongrass has been studied for its role in supporting healthy microbial balance in the urinary tract and a normal inflammatory response.*

Citral and geraniol may discourage biofilm formation, and lemongrass essential oil has also demonstrated activity against bacterial quorum-sensing pathways. [16,17]* Citral has been studied for its role in supporting the body's normal inflammatory response in urinary tissues and comfort with urination. [11]*

Oregano (*Origanum vulgare*)

Oregano and its primary bioactive constituents carvacrol and thymol provide the formula's broadest spectrum of microbial balance activity. [2]* Carvacrol can provide complementary, or even synergistic activity with other microbe-balancing products and protocols. [2,14]*

Thyme (*Thymus vulgaris*) & Winter Savory (*Satureja montana*)

Thyme and Winter Savory are also both high in carvacrol and/or thymol, contributing additional support for a healthy urinary microbiome. [15,18]* Carvacrol has been studied for its role in supporting both healthy microbial balance and a normal inflammatory response in urinary tissues. [4]*

Cassia (*Cinnamomum cassia*)

Cassia bark essential oil is dominated by trans-cinnamaldehyde, a phenylpropanoid with well-documented membrane-disrupting and biofilm-inhibiting activity.*[6,7]

Clove (*Syzygium aromaticum*)

Clove bud essential oil is rich in eugenol, another phenylpropanoid with well-characterized inflammation-balancing activity, in addition to its biofilm-inhibiting properties. Eugenol has been studied for its role in supporting the body's normal inflammatory response in mucosal tissues. [13,5]*

Lemon (*Citrus limon*)

Lemon peel essential oil is dominated by limonene, a monoterpene hydrocarbon with biofilm disrupting activities that may discourage opportunistic organisms in the urinary tract. [20,21]*

Fennel (*Foeniculum vulgare*)

Fennel seed essential oil is dominated by trans-anethole, which has antispasmodic activity on smooth muscle. Anethole may help to relax smooth muscle and discourage contractions, mechanisms directly relevant to urinary urgency and bladder discomfort. [19]*

The Oleobiotic® Protocol

The Oleobiotic® protocols feature encapsulated essential oil blends formulated to support optimal conditions for microbial balance in sensitive areas of the body.

The five-day protocol is grounded in clinical evidence, and the short duration promotes patient compliance.*



The Pranarôm HECT Standard

HECT stands for *Huile Essentielle ChimioTypée*. It is Pranarôm's proprietary quality certification standard. **Every HECT oil must be 100% botanically identified**, with laboratory certification to verify the origin. HECT oils are also guaranteed to be 100% pure, complete, and unadulterated at every step from plant to patient.*

References

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